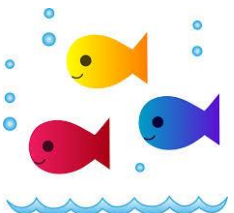


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
July 2017 – Remington Competition Pool Clara R. McKenna Aquatic Center/Antigo Schools 111 Western Avenue Antigo, WI 54409 Phone (715) 627-0497 Web www.antigo.k12.wi.us					1 8:00am-4:00pm Lap/Jog/Walk 11:00am-4:00pm Open Swim
					2 12:00pm-5:00pm Lap/Jog/Walk 12:00pm-5:00pm Open Swim
3 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 3:15pm-7:30pm Open Swim	4 CLOSED Happy 4th of July	5 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	6 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:00pm-7:30pm Open Swim	7 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 1:00pm-4:30pm Open Swim 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	8 8:00am-4:00pm Lap/Jog/Walk 8:00am-8:45am H2O Cardio 11:00am-4:00pm Open Swim
					9 12:00pm-5:00pm Lap/Jog/Walk 12:00pm-5:00pm Open Swim
10 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 10:15am-11:30am Lessons 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	11 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 10:15am-11:30am Lessons 3:00pm-7:30pm Open Swim	12 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	13 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 10:15am-11:30am Lessons 3:00pm-7:30pm Open Swim	14 5:30am-12:00pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 12:00pm-3:00pm CLOSED 3:00pm-4:30pm Lap/Jog/Walk 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	15 8:00am-4:00pm Lap/Jog/Walk 8:00am-8:45am L-I Aerobics 11:00am-4:00pm Open Swim
					16 12:00pm-5:00pm Lap/Jog/Walk 12:00pm-5:00pm Open Swim
17 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 10:15am-11:30am Lessons 4:30pm-5:30pm Swim Club 5:15pm-6:30pm Lessons 5:30pm-7:30pm Lap/Jog/Walk	18 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 10:15am-11:30am Lessons 3:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	19 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	20 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 10:15am-11:30am Lessons 3:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	21 5:30am-5:00pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 1:00pm-5:00pm Open Swim 5:00pm-7:00pm Swim Club	22 8:00am-4:00pm Lap/Jog/Walk 8:00am-8:45am H2O Cardio 11:00am-4:00pm Open Swim
					23 12:00pm-5:00pm Lap/Jog/Walk 12:00pm-5:00pm Open Swim
24 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 4:30pm-5:30pm Swim Club 5:15pm-6:30pm Lessons 5:30pm-7:30pm Lap/Jog/Walk	25 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	26 5:30am-4:30pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 4:30pm-5:30pm Swim Club 5:30pm-7:30pm Lap/Jog/Walk 5:30pm-7:30pm Open Swim	27 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	28 5:30am-7:30pm Lap/Jog/Walk 7:30am-8:30am L-I Aerobics 1:00pm-7:30pm Open Swim	29 8:00am-4:00pm Lap/Jog/Walk 8:00am-8:45am H-I Aerobics 11:00am-4:00pm Open Swim
					30 12:00pm-5:00pm Lap/Jog/Walk 12:00pm-5:00pm Open Swim
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<h1>July 2017 – Vavruska Activity Pool</h1> <h2>Clara R. McKenna Aquatic Center/Antigo Schools</h2> <p>111 Western Avenue Antigo, WI 54409 Phone (715) 627-0497 Web www.antigo.k12.wi.us</p>					1 11:00am-4:00pm Open Swim
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17 5:30am-7:30am Adult Swim 7:45am-8:45am Ai Chi 9:00am-10:00am Adult Swim 10:15am-11:30am Lessons 12:00pm-3:00pm Langlade Hosp 3:15pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	18 5:30am-8:45am Adult Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:15am-11:30am Lessons 11:00am-12:00pm Ai Chi 11:45am-1:00pm Adult Swim 1:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	19 5:30am-8:00am Adult Swim 8:00am-9:00am Arthritis Plus 9:00am-10:00am Adult Swim 10:00am-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	20 5:30am-8:45am Adult Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:15am-11:30am Lessons 11:00am-12:00pm Ai Chi 11:45am-1:00pm Adult Swim 1:00pm-5:00pm Open Swim 5:15pm-6:30pm Lessons	21 5:30am-1:00pm Adult Swim 1:00pm-7:30pm Open Swim	22 9:00am-10:00am Ai Chi 11:00pm-4:00pm Open Swim 23 12:00pm-5:00pm Open Swim
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