



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<b>May 2017 – Remington Competition Pool</b> <b>Clara R. McKenna Aquatic Center/Antigo Schools</b> <b>111 Western Avenue Antigo, WI 54409</b> <b>Phone (715) 627-0497 Web www.antigo.k12.wi.us (drop down menu under “Schools”)</b> <i>Be sure to check the online schedule for updates and changes.</i>				 <p>Wednesday's Arthritis Plus class time has been extended! The 8:00am-8:55am and the 8:00am-9:00am class time will alternate every other Wednesday.</p> <p>The Aquatic Center will close at <b>6:00 pm</b> on <b>Thursday, May 18<sup>th</sup></b> for staff training.</p>	
<b>1</b> <b>5:30am-9:15am</b> <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 9:00am-9:45am <del>H2O Cardio</del> <b>9:30am-11:30am</b> <b>Men. Tribal</b> <b>11:45am-7:30pm</b> <i>Lap/Jog/Walk</i>	<b>2</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:30pm-7:30pm Open Swim	<b>3</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>4</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics <b>12:30pm-2:30pm</b> <b>Elem/AMS PE</b> <b>12:45pm-2:15pm</b> <b>East Elem</b> 3:30pm-7:30pm Open Swim	<b>5</b> <b>5:30am-9:45am</b> <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics <b>10:00am-12:00pm</b> <b>Crandon</b> <b>11:45am-1:45pm</b> <b>Men. Tribal</b> <b>2:00pm-7:30pm</b> <i>Lap/Jog/Walk</i> 3:15pm-7:30pm Open Swim	<b>6</b> 8:00am-4:00pm <i>Lap/Jog/Walk</i> 8:00am-8:45am H2O Cardio 11:00am-4:00pm Open Swim <hr/> <b>7</b> 12:00pm-5:00pm <i>Lap/Jog/Walk</i> 12:00pm-5:00pm Open Swim
<b>8</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>9</b> <b>5:30am-8:15am</b> <i>Lap/Jog/Walk</i> <b>7:15am-8:15am</b> <i>H-I Aerobics</i> <b>8:30am-10:00am</b> <b>All Saints</b> <b>10:15am-11:15am</b> <i>L-I Aerobics</i> <b>10:15am-7:30pm</b> <i>Lap/Jog/Walk</i> 3:30pm-7:30pm Open Swim	<b>10</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O cardio 3:30pm-7:30pm Open Swim	<b>11</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics <b>12:30pm-2:30pm</b> <b>Elem/AMS PE</b> 3:30pm-7:30pm Open Swim	<b>12</b> 5:30am-1:00pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics <b>1:00pm-3:00pm</b> <b>CLOSED</b> 3:15pm-7:30pm Open Swim 3:15pm-7:30pm <i>Lap/Jog/Walk</i>	<b>13</b> 8:00am-4:00pm <i>Lap/Jog/Walk</i> 8:00am-8:45am Aerobics 11:00am-4:00pm Open Swim <hr/> <b>14</b> 12:00pm-5:00pm <i>Lap/Jog/Walk</i> 12:00pm-5:00pm Open Swim
<b>15</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>16</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:30pm-7:30pm Open Swim	<b>17</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>18</b> <b>5:30am-6:00pm</b> <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics <b>12:30pm-2:30pm</b> <b>Elem/AMS PE</b> <b>3:30pm-6:00pm</b> <b>Open Swim</b>	<b>19</b> <b>5:30am-1:00pm</b> <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics <b>1:00pm-3:00pm</b> <b>CLOSED</b> 3:15pm-7:30pm Open Swim 3:15pm-7:30pm <i>Lap/Jog/Walk</i>	<b>20</b> 8:00am-4:00pm <i>Lap/Jog/Walk</i> 8:00am-8:45am H2O Cardio 11:00am-4:00pm Open Swim <hr/> <b>21</b> 12:00pm-5:00pm <i>Lap/Jog/Walk</i> 12:00pm-5:00pm Open Swim
<b>22</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>23</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics 3:30pm-7:30pm Open Swim	<b>24</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>25</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am H-I Aerobics 10:00am-11:00am L-I Aerobics <b>12:30pm-2:30pm</b> <b>Elem/AMS PE</b> 3:30pm-7:30pm Open Swim	<b>26</b> <b>5:30am-8:15am</b> <i>Lap/Jog/Walk</i> <b>7:15am-8:15am</b> <i>L-I Aerobics</i> <b>8:30am-10:30am</b> <b>PV Elem</b> <b>10:45am-1:00pm</b> <i>Lap/Jog/Walk</i> <b>1:00pm-3:00pm</b> <b>CLOSED</b> 3:15pm-7:30pm Open Swim 3:15pm-7:30pm <i>Lap/Jog/Walk</i>	<b>27</b> 8:00am-4:00pm <i>Lap/Jog/Walk</i> 8:00am-8:45am Aerobics 11:00am-4:00pm Open Swim <hr/> <b>28</b> <b>CLOSED GRADUATION</b>
<b>29</b>  <b>CLOSED</b> <b>MEMORIAL DAY</b>	<b>30</b> <b>5:30am-8:15am</b> <i>Lap/Jog/Walk</i> <b>7:15am-8:15am</b> <i>H-I Aerobics</i> <b>8:30am-10:45am</b> <b>AMS</b> <b>10:30am-11:30am</b> <i>L-I Aerobics</i> <b>10:45am-7:30pm</b> <i>Lap/Jog/Walk</i> 3:30pm-7:30pm Open Swim	<b>31</b> 5:30am-7:30pm <i>Lap/Jog/Walk</i> 7:30am-8:30am L-I Aerobics 9:00am-9:45am H2O Cardio 3:30pm-7:30pm Open Swim	<b>American Red Cross Summer Swim Lessons &amp; Lifeguard Course</b> Schedules available online or at the Aquatic Center starting Monday, May 15 <sup>th</sup> Four swim lesson sessions available throughout the summer In person registration with payment only - <b>NO phone registrations accepted</b> Call Aquatic Center with questions		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<h1>May 2017 – Vavruska Activity Pool</h1> <h2>Clara R. McKenna Aquatic Center/Antigo Schools</h2> <p>111 Western Avenue Antigo, WI 54409 Phone (715) 627-0497 Web <a href="http://www.antigo.k12.wi.us">www.antigo.k12.wi.us</a> (drop down menu under “Schools”)</p>				 <p>Wednesday’s Arthritis Plus class time has been extended! The 8:00am-8:55am and the 8:00am-9:00am class time will alternate every other Wednesday. The Aquatic Center will close at <b>6:00 pm</b> on <b>Thursday, May 18<sup>th</sup></b> for staff training.</p>	
<b>1</b> 5:30am-7:30am Open Swim 7:45am-8:45am Ai-Chi <b>9:30am-11:30am Men. Tribal</b> 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>2</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi 3:15pm-7:30pm Open Swim	<b>3</b> 5:30am-7:30am Open Swim 8:00am-9:00am Arthritis Plus 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>4</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi <b>12:30pm-2:30pm Elem/AMS PE</b> <b>12:45pm-2:15pm East Elem</b> 3:15pm-7:30pm Open Swim	<b>5</b> 5:30am-7:45am Open Swim <b>7:45am-9:00am AHS PE</b> <b>10:00am-12:00pm Crandon</b> <b>11:45am-1:45pm Men. Tribal</b> <b>2:00pm-3:00pm CLOSED</b> 3:15pm-7:30pm Open Swim	<b>6</b> 9:00am-10:00am Arthritis 11:00am-4:00pm Open Swim  <b>7</b> 12:00pm-5:00pm Open Swim
<b>8</b> 5:30am-7:30am Open Swim 7:45am-8:45am Ai-Chi 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>9</b> <b>5:30am-8:15am Open Swim</b> 7:20am-8:20am Aerobics <b>8:30am-10:00am All Saints</b> <b>10:15am-11:15am Arthritis</b> <b>11:15am-12:15pm Ai-Chi</b> 3:15pm-7:30pm Open Swim	<b>10</b> 5:30am-7:30am Open Swim 8:00am-8:55am Arthritis Plus 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>11</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi <b>12:30pm-2:30pm Elem/AMS PE</b> 3:15pm-7:30pm Open Swim	<b>12</b> 5:30am-7:45am Open Swim <b>7:45am-9:00am AHS PE</b> 9:00am-1:00pm Open Swim <b>9:15am-10:45am LeRoyer 4K</b> (Pool will be roped off midway) <b>1:00pm-3:00pm CLOSED</b> 3:15pm-7:30pm Open Swim	<b>13</b> 9:00am-10:00am Ai Chi 11:00am-4:00pm Open Swim  <b>14</b> 12:00pm-5:00pm Open Swim
<b>15</b> 5:30am-7:30am Open Swim 7:45am-8:45am Ai-Chi 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>16</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi 3:15pm-7:30pm Open Swim	<b>17</b> 5:30am-7:30am Open Swim 8:00am-9:00am Arthritis Plus 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>18</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi <b>12:30pm-2:30pm Elem/AMS PE</b> <b>3:15pm-6:00pm Open Swim</b>	<b>19</b> 5:30am-7:45am Open Swim <b>7:45am-9:00am AHS PE</b> 9:00am-1:00pm Open Swim <b>1:00pm-3:00pm CLOSED</b> 3:15pm-7:30pm Open Swim	<b>20</b> 9:00am-10:00am Arthritis 11:00am-4:00pm Open Swim  <b>21</b> 12:00pm-5:00pm Open Swim
<b>22</b> 5:30am-7:30am Open Swim 7:45am-8:45am Ai-Chi 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>23</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi 3:15pm-7:30pm Open Swim	<b>24</b> 5:30am-7:30am Open Swim 8:00am-8:55am Arthritis Plus 9:00am-12:00pm Open Swim 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>25</b> 5:30am-9:00am Open Swim 7:20am-8:20am Aerobics 9:00am-10:00am Arthritis 10:00am-11:00am Open Swim 11:00am-12:00pm Ai-Chi <b>12:30pm-2:30pm Elem/AMS PE</b> 3:15pm-7:30pm Open Swim	<b>26</b> 5:30am-7:45am Open Swim <b>7:45am-9:00am AHS PE</b> <b>8:30am-10:30am PV ELEM</b> <b>10:45am-1:00pm Open Swim</b> <b>1:00pm-3:00pm CLOSED</b> 3:15pm-7:30pm Open Swim	<b>27</b> 9:00am-10:00am Ai Chi 11:00am-4:00pm Open Swim  <b>28</b> <b>CLOSED GRADUATION</b>
<b>29</b>  <b>CLOSED MEMORIAL DAY</b>	<b>30</b> <b>5:30am-8:15am Open Swim</b> 7:20am-8:20am Aerobics <b>8:30am-10:45am AMS</b> <del>9:00am-10:00am Arthritis</del> <del>10:00am-11:00am Open Swim</del> 11:00am-12:00pm Ai-Chi 3:15pm-7:30pm Open Swim	<b>31</b> 5:30am-7:30am Open Swim 8:00am-9:00am Arthritis Plus <b>9:00am-11:30am Elcho (K-2)</b> 12:00pm-3:00pm Langlade Hosp 3:15pm-7:30pm Open Swim	<b>American Red Cross Summer Swim Lessons &amp; Lifeguard Course</b> Schedules available online or at the Aquatic Center starting Monday, May 15 <sup>th</sup> Four swim lesson sessions available throughout the summer In person registration with payment only – <b>NO phone registrations accepted</b> Call Aquatic Center with questions		